

600 Fairview Street Coquitlam, BC V3J 4A7

Old School vs. Cool: The Litterless Lunch Campaign at Roy Stibbs

Dear Parents/Guardians,

Generations follow practices that best suit their needs but also innovate and hope for a better future for the generations that will follow. Here at Roy Stibbs, our place, the place that we live in, learn, work and play is promoting a new culture, a culture focusing on how to be less materialistic and more caring about our surroundings. We believe that our litterless lunch campaign will instill in students the notion that past practices (old school) still work but new practices (cool) may work better. We ask YOU, PARENTS, to be partners in our effort of promoting a litterless lunch culture "within" and "out" of our special place.

Do you wonder about how YOU can further support this initiative? Well, think of it as a road map to bringing change. Below you will find the steps involved in making this possible. We thank you for continuous partnership and support.

The Road Ahead:

- 1. February 13th: Students will become aware that lunches can be packed in different ways. The Green Team will introduce this idea through a special presentation: Old School vs. Cool: The Litterless Lunch Game at Roy Stibbs.
- February 13th-23rd: Students will demonstrate their awareness through a school wide display of "Litterless Lunch Bags"
- 3. February 13th-February 20th: Students will share ideas of how to prepare a litterless lunch with their parents. This way they take an active role in exploring options with their family at home.
- 4. February 13th and ongoing: Parents are aware of this but allow students to lead the change. Students learn the process of preparing meals and the concept of keeping any waste moving from one place to another. If it comes from one place it must stay at that place.
- 5. February 19th to spring break: The Green team will keep track of any changes at school so that we all celebrate our efforts.
- 6. After spring break? Packing a Litterless Lunch has become a routine at Roy Stibbs!

Things We Must Remember As Parents:

- 1. Waste stays at the place where it started from. We do not want to send it to another place. For example, packaged snacks can be "taken out of their packaging" and be placed in reusable containers (tupperwear).
- 2. Label your child's containers/reusable bottle/cutlery with their initials or name so that they can be returned if they are lost or forgotten.
- 3. Buy bulk items so that they can be packaged in reusable containers without making much waste at home (e.g. buying yogurt in large containers which can be placed in reusable containers as snacks instead of buying "yogurt tubes".
- 4. Avoid juice boxes (it is sugar after all). If you were to send juice, pour it in a reusable bottle.
- 5. **The Big No's:** No juice boxes, no Ziploc bags, no wrappers, no "one-use" plastics, no napkins, no foil, no packaged snacks bought from a store in general!
- 6. **The Big Yes'**: Yes to reusable containers, yes to reusable bottles for water (or juice if needed), yes to cloth towels, yes to metal forks/spoons or a cutlery set, yes to home meals in general!
- 7. Let you child take a leading role. Ask questions so that they can "educate" you.
- 8. Networking. Spread the message to other parents and school communities.